



The Walk-Out Woman : When Your Heart is Empty and Your Dreams Are Lost

By Steve Stephens, Alice Gray



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Every woman longs to be appreciated, respected, and adored, but when her needs aren't met within her marriage, she could be tempted to walk away. As little hurts and disappointments accumulate and her heart hardens, a woman's loneliness and vulnerability take over, and she might find emotional fulfillment elsewhere, perhaps in even a casual encounter with another man. When the marriage enters this realm of real danger, the woman believes it will be less painful to walk away than try to work on it. With heart and wisdom, Dr. Steve Stephens and Alice Gray offer practical advice for how to stop this epidemic of walk-out women. They outline the warning signs of severe marital discontent and share how to reconnect with your spouse, communicate your hurt, and open your heart. If both partners are willing to work at it, any marriage can be saved.

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Editorial Review

About the Author

Dr. Steve Stephens is a licensed psychologist, marriage and family therapist, seminar speaker, and author. He is a clinical member of the American Psychology Association and the American Association of Marriage and Family Therapists. Dr. Stephens is the author of sixteen books, including the Lists to Live By series. He lives with his wife, Tami, and three children in Oregon.

Alice Gray is an inspirational conference speaker, has over 35 books to her credit, and is the creator and compiler of the bestselling, award-winning Stories for the Heart book series with over 7 million in print. Alice has been a guest on a variety of Christian radio and television shows in the US and Canada. She and her husband, Al, live in Arizona.

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