



Making up the Mind: How the Brain Creates Our Mental World

By Chris Frith

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Written by one of the world's leading neuroscientists, *Making Up the Mind* is the first accessible account of experimental studies showing how the brain creates our mental world.

- Uses evidence from brain imaging, psychological experiments and studies of patients to explore the relationship between the mind and the brain
- Demonstrates that our knowledge of both the mental and physical comes to us through models created by our brain
- Shows how the brain makes communication of ideas from one mind to another possible

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Making up the Mind: How the Brain Creates Our Mental World By Chris Frith Bibliography

- Rank: #564145 in eBooks
- Published on: 2008-06-09
- Released on: 2008-06-09
- Format: Kindle eBook



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Editorial Review

Review

“This book presents a clear description of the current neuroscientific view of the relationship between the brain and the mind.” (*Brain Science Podcast*, May 2009)

“Neuroscience and psychology often struggle to answer the really interesting questions about the mind, but in this fascinating book, Chris Frith shows that science can finally start explaining how and why we experience the world as we do. Anyone interested in human nature - not just the nuts and bolts of neural circuits - will find his storytelling compelling. Frith delves into topics such as delusions, illusions, imagination and imitation, bringing clarity and insight to the simplest observations and most complex experiments alike.” (*New Scientist*)

“*Making up the Mind* is an interesting book to everybody who wants to learn more about how the brain gives rise to our mental experiences...As Frith himself depicts in a sort of framing story, you will easily find yourself talking about these ideas at your next dinner party, as well as use it for serious considerations on the brain or as a toolbox for next term's essay. A stimulating new book by a distinguished scientist who knows what he is talking about.” (*Metapsychology Online Reviews*)

“Frith has produced an enthralling discussion on the subtle links between mind and brain, sometimes with humorous liaisons between himself, as narrator, and others who might be labelled as sceptics, unbelievers.” (*Psychologist*)

“Stands apart from many that have been written lately ... For those who have time to read only one book ... this should be it. Essential.” (*Choice Reviews*)

Review

Oliver Sacks “*Making up the Mind* is a fascinating guided tour through the elusive interface between mind and brain written by a pioneer in the field. The authors obvious passion for the subject shines through every page.”

—V. S. Ramachandran

“I soon made up my mind that this is an excellent, most readable and stimulating book. The author is a distinguished neuroscientist working especially on brain imaging.”

—RL Gregory, *Experimental Psychology*

“Chris Frith, one of the pioneers in applying brain imaging to study mental processes, has written a brilliant introduction to the biology of mental processes for the general reader. This superb book describes how we recreate in our brains a representation of the external world. Clearly and beautifully written, this book is for all who want to learn about how the brain gives rise to the mental phenomenon of our lives. A must read!”

—Eric R. Kandel, M.D.

“Important and surprising. The brain will never seem the same again.”

—Lewis Wolpert, *University College London*

"Frith's luminously intelligent book...raises interesting questions about how it is possible to make serious scientific progress, on the borders of metaphysics, while still thinking inside a framework that is an ontological and epistemological muddle."

–Raymond Tallis, Brain

From the Back Cover

Inside your head there is an amazing labor-saving device; more effective than the latest high-tech computer. Your brain frees you from the everyday tasks of moving about in the world around you, allowing you to concentrate on the things that are important to you: making friends and influencing people. However, the 'you' that is released into this social world is also a construction of your brain. It is your brain that enables you to share your mental life with the people around you.

Making up the Mind is the first accessible account of experimental studies showing how the brain creates our mental world. Using evidence from brain imaging, psychological experiments, and studies with patients, Chris Frith, one of the world's leading neuroscientists, explores the relationship between the mind and the brain.

Users Review

From reader reviews:

Stanley Roman:

In this 21st centuries, people become competitive in each and every way. By being competitive today, people have do something to make these individuals survives, being in the middle of typically the crowded place and notice by simply surrounding. One thing that oftentimes many people have underestimated it for a while is reading. Yep, by reading a publication your ability to survive raise then having chance to stay than other is high. For you personally who want to start reading some sort of book, we give you this *Making up the Mind: How the Brain Creates Our Mental World* book as beginner and daily reading e-book. Why, because this book is more than just a book.

Carrie Wilson:

As people who live in typically the modest era should be revise about what going on or details even knowledge to make these individuals keep up with the era which can be always change and move forward. Some of you maybe will update themselves by reading through books. It is a good choice in your case but the problems coming to a person is you don't know what type you should start with. This *Making up the Mind: How the Brain Creates Our Mental World* is our recommendation so you keep up with the world. Why, because this book serves what you want and wish in this era.

Arthur McLaurin:

People live in this new morning of lifestyle always make an effort to and must have the time or they will get lot of stress from both day to day life and work. So , if we ask do people have time, we will say absolutely indeed. People is human not really a huge robot. Then we ask again, what kind of activity have you got when the spare time coming to a person of course your answer may unlimited right. Then ever try this one, reading

textbooks. It can be your alternative within spending your spare time, the particular book you have read is definitely Making up the Mind: How the Brain Creates Our Mental World.

Scott Burnett:

Reading a book for being new life style in this 12 months; every people loves to read a book. When you study a book you can get a lots of benefit. When you read books, you can improve your knowledge, mainly because book has a lot of information upon it. The information that you will get depend on what forms of book that you have read. If you wish to get information about your research, you can read education books, but if you act like you want to entertain yourself look for a fiction books, this kind of us novel, comics, in addition to soon. The Making up the Mind: How the Brain Creates Our Mental World provide you with new experience in reading through a book.

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