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Since its initial publication in 1990, the "Mayo Clinic Family Health Book" has become a classic home medical reference, selling more than 1.5 million copies. Now in its fourth edition, this updated and abundantly illustrated volume offers the latest in medical knowledge, with a strong emphasis on self-care. From prevention to treatment, from infancy to old age, this comprehensive health guide offers reliable, easy-to-understand information in five convenient sections: Part I - Injuries and Symptoms; Part II - Pregnancy and Healthy Children; Part III - Healthy Adults; Colour section; Part IV - Diseases and Disorders; and, Part V - Tests and Treatments.

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Editorial Review

About the Author

Mayo Clinic is one of the world's oldest and largest multispecialty group practices. Since 1904, millions of people from all walks of life have found answers at Mayo Clinic. With the Family Health Book 4th Edition, Mayo Clinic continues its history of providing the answers and information you need to make positive changes in your health and your family member's health.

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