



The Art of Boudoir Photography: How to Create Stunning Photographs of Women

By Christa Meola

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"Cultivating sex appeal and looking great naked is not about crash dieting or Photoshop, but rather is about a woman's attitude, confidence, playful personality, and feeling good in her own skin." –Christa Meola, boudoir photographer

In this greatly anticipated book **The Art of Boudoir Photography: How to Create Stunning Photographs of Women**, pro photographer **Christa Meola** goes beyond photography instruction to include detailed information on how to help women look and feel beautiful by cultivating their sex appeal. This beautifully illustrated guide will not only enhance your understanding of how to bring out the best in every woman, but also sharpen your photography skills in order to capture her successfully.

Whether shooting with a pro model, plain-Jane, curvy gal, or soccer mom, Christa gets to know her subject intimately in order to help her look and feel beautiful, sexy, and confident. Christa shares her personal tips and techniques throughout the entire process, creating an amazing experience that produces photographs packed with emotion. She covers every step in creating a successful boudoir shoot, including how to prepare a subject who has never posed before, coaching sensual movement, beautiful lighting setups with minimal equipment, how to flatter every figure, and more. With "Before and After" profiles and "Do and Don't" scenarios throughout, essential lists, practical tips for male photographers, metadata for every shot, as well as post-processing techniques in Adobe Lightroom and Photoshop, this book offers clear and inspiring instruction.

The Art of Boudoir Photography is about transformation. It's about cultivating sex appeal and enthusiastic positivity. It's that jolt of confidence and bolt of sexual prowess to tease out of your subject. It's for each woman to recognize her

individual beauty, provide an opportunity for her to break through her comfort zone, honor her body, and celebrate femininity. For photographers with varying levels of experience, this book is for you—to appreciate and embrace boudoir photography, enhance your understanding of what it is, what it can do for women, and most importantly, how to have fun with it!

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Editorial Review

About the Author

Christa Meola has enjoyed life behind the camera since she was six years old. Her childhood passion has developed into a career. She opened a photography studio in Los Angeles, began teaching fellow professional photographers, and traveled internationally for commissioned portraits. While her sensibility has matured to reflect the soul of a woman, her child-like sense of adventure and exuberant spirit remains. A born and raised Jersey girl, Christa currently lives and works in New York City. She offers online workshops during the year as well as private photo shoots and Boudoir Parties. You can find out more about Christa and these great opportunities on her blog at ChristaMeola.com.

Users Review

From reader reviews:

Kevin House:

As people who live in often the modest era should be revise about what going on or data even knowledge to make these people keep up with the era which is always change and advance. Some of you maybe can update themselves by reading through books. It is a good choice to suit your needs but the problems coming to an individual is you don't know what kind you should start with. This The Art of Boudoir Photography: How to Create Stunning Photographs of Women is our recommendation so you keep up with the world. Why, because this book serves what you want and need in this era.

David Anthony:

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Steve Franklin:

The actual book The Art of Boudoir Photography: How to Create Stunning Photographs of Women has a lot info on it. So when you make sure to read this book you can get a lot of benefit. The book was published by the very famous author. The author makes some research before write this book. This specific book very easy to read you can find the point easily after looking over this book.

Tommy Bowles:

People live in this new moment of lifestyle always try to and must have the extra time or they will get lots of stress from both everyday life and work. So , if we ask do people have time, we will say absolutely yes. People is human not really a huge robot. Then we consult again, what kind of activity are there when the spare time coming to a person of course your answer will certainly unlimited right. Then do you ever try this one, reading textbooks. It can be your alternative in spending your spare time, the actual book you have read is usually The Art of Boudoir Photography: How to Create Stunning Photographs of Women.

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