



# **Moderating Severe Personality Disorders: A Personalized Psychotherapy Approach**

*By Theodore Millon, Seth D. Grossman*

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## **Moderating Severe Personality Disorders: A Personalized Psychotherapy Approach** By Theodore Millon, Seth D. Grossman

A revolutionary, personalized psychotherapy approach for the treatment of Axis II personality disorders, by renowned expert Dr. Theodore Millon

Acknowledging the primacy of the whole person, *Moderating Severe Personality Disorders: A Personalized Psychotherapy Approach* takes into account all of the complexities of human nature - family influences, culture, neurobiological processes, unconscious memories, and so on--illustrating that no part of human nature should lie outside the scope of a clinician's regard.

Part of a three book series, this book provides you with a unique combination of conceptual background and step-by-step practical advice to guide your treatment of Axis II personality disorders.

Detailed case studies are provided throughout the text to illustrate the strategies of personalized psychotherapy for:

- Retiring/Schizoid Personality Patterns
- Shy/Avoidant Personality Patterns
- Pessimistic/Depressive Personality Patterns
- Aggrieved/Masochistic Personality Patterns
- Eccentric/Schizotypal Personality Patterns
- Capricious/Borderline Personality Patterns

Destined to become an essential reference for trainees and professionals, this book makes a revolutionary call to return therapy to the natural reality of each patient's life, seamlessly guiding you in understanding the personality and treatment of the whole, unique, yet complex person.

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### Editorial Review

#### Review

"...deals with the more severely impaired patients such as those with borderline personality disorder....excellent examples of the Millonian writing style that will be familiar to his many readers...highly structured, well organized, yet quite readable, offering well-reasoned logic as well as wonderful case examples. The descriptions of the various personality disorders and their subtypes must compete for the absolute best characterizations of those disorders available in the clinical literature. Those descriptions alone are worth the price of these paperback books." (*PsycCRITIQUES*, 7/30/08)

#### From the Back Cover

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- Capricious/Borderline Personality Patterns
- Suspicious/Paranoid Personality Patterns

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#### About the Author

**Theodore Millon**, PhD, DSc, formerly Professor at Harvard Medical School and the University of Miami, is currently Dean and Scientific Director of the Institute for Advanced Studies in Personology and Psychopathology in Coral Gables, Florida. Dr. Millon is one of the world's leading authorities on psychopathology and personality disorders. Developer of the widely used Millon personality assessment inventories, he has been the editor of the *Journal of Personality Disorders*, President of the International Society for the Study of Personality Disorders, and a key member of the DSM-III and DSM-IV Task Forces.

**Seth Grossman**, PsyD, is a codeveloper of several personality inventories, and coauthor of numerous

theoretical, research, and clinical papers with Dr. Millon. He is also the coauthor with Dr. Millon of *Personality Disorders in Modern Life*, Second Edition (Wiley).

## Users Review

### From reader reviews:

#### Valerie Wright:

This Moderating Severe Personality Disorders: A Personalized Psychotherapy Approach book is not ordinary book, you have it then the world is in your hands. The benefit you obtain by reading this book is definitely information inside this publication incredible fresh, you will get details which is getting deeper anyone read a lot of information you will get. This particular Moderating Severe Personality Disorders: A Personalized Psychotherapy Approach without we understand teach the one who looking at it become critical in pondering and analyzing. Don't become worry Moderating Severe Personality Disorders: A Personalized Psychotherapy Approach can bring if you are and not make your bag space or bookshelves' grow to be full because you can have it within your lovely laptop even phone. This Moderating Severe Personality Disorders: A Personalized Psychotherapy Approach having good arrangement in word and also layout, so you will not truly feel uninterested in reading.

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