



Boundaries in Marriage

By Henry Cloud, John Townsend

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Learn when to say yes and when to say no--to your spouse and to others--to make the most of your marriage. Only when a husband and wife know and respect each other's needs, choices, and freedom can they give themselves freely and lovingly to one another. Boundaries are the "property lines" that define and protect husbands and wives as individuals. Once they are in place, a good marriage can become better, and a less-than-satisfying one can even be saved. Drs. Henry Cloud and John Townsend, counselors and authors of the award-winning best-seller *Boundaries*, show couples how to apply the 10 laws of boundaries that can make a real difference in relationships. They help husbands and wives understand the friction points or serious hurts and betrayals in their marriage?and move beyond them to the mutual care, respect, affirmation, and intimacy they both long for. *Boundaries in Marriage* helps couples:

- Set and maintain personal boundaries and respect those of their spouse
- Establish values that form a godly structure and architecture for their marriage
- Protect their marriage from different kinds of "intruders"
- Work with a spouse who understands and values boundaries?or work with one who doesn't

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Download and Read Free Online *Boundaries in Marriage* By Henry Cloud, John Townsend

Editorial Review

Amazon.com Review

Establishing and understanding boundaries are crucial to the success of a marriage, according to authors Cloud and Townsend, who cowrote the award-winning and biblically-based book *Boundaries*. For example, boundaries help us understand where one person ends and the other begins, the authors claim: "Once we know the boundaries, we know who should be owning the problem we are wrestling with," they write. "This issue of ownership is vital to any relationship, especially marriage." But more significantly, couples need to claim and take responsibility for the "treasures that lie within their individual borders," such as: "feelings, attitudes, behaviors, choices, limits, desires, thoughts, values, talents, and love." Based on the book that elevated them to national prominence, Cloud and Townsend caution readers not to use this self-help manifesto as a means to change one's spouse. Rather, this is a book about taking responsibility for oneself in all aspects of life, but especially within the boundaries of marital commitment.

Review

Two lives becoming one: That's the marriage ideal. But maybe you've discovered that it's easier said than done. How do you solve problems? How do you establish healthy communication? How do you work out conflict and deal with the struggle of differing needs? In the process of knitting two souls together, it's easy to tear the fabric.

That's why boundaries—the ways we define and maintain our sense of individuality, freedom, and personal integrity—are so important. And it's why the principles described in *Boundaries in Marriage* are essential if you want your marriage to flourish.

Counselors and best-selling authors Henry Cloud and John Townsend, authors of the Gold Medallion Award-winning book, *Boundaries*, show how you and your mate can experience marriage at its best. You'll learn how to deal with serious violations and betrayals and develop a haven of mutual love, care, appreciation, and growth. *Boundaries in Marriage* will show you: ? Why boundaries and the "Ten Laws of Boundaries" are vital for a thriving, productive marriage ? How values form the structure and architecture of marriage ? How to protect a marriage from intruders, whether parents, other people, affairs, or personal idols ? Why each partner needs to establish personal boundaries, and how to go about it ? How to work with a spouse who understands and values boundaries—and how to work with one who doesn't

Whether you are just starting out as a couple, have been married for years, or are seriously contemplating marriage, *Boundaries in Marriage* will show you how to establish your own boundaries and respect those of your partner. Drawing on principles from the Bible, it can help you safeguard against relational fractures and mend existing cracks. It may even save your marriage. And it can help make even the best marriage better -- *Publisher*

Review

'Drs. Cloud and Townsend have created another masterpiece! No one understands the issue of boundaries better than they do. Counselors and couples alike will greatly benefit from their articulate and in-depth exploration.' -- Archibald D. Hart, Ph.D., Professor

Users Review

From reader reviews:

Antonio Haynie:

Now a day those who Living in the era wherever everything reachable by connect with the internet and the resources within it can be true or not involve people to be aware of each details they get. How individuals to be smart in receiving any information nowadays? Of course the reply is reading a book. Reading through a book can help people out of this uncertainty Information particularly this Boundaries in Marriage book because book offers you rich facts and knowledge. Of course the knowledge in this book hundred % guarantees there is no doubt in it everybody knows.

Donald Cauley:

Nowadays reading books be a little more than want or need but also work as a life style. This reading habit give you lot of advantages. Advantages you got of course the knowledge even the information inside the book in which improve your knowledge and information. The data you get based on what kind of reserve you read, if you want drive more knowledge just go with knowledge books but if you want sense happy read one together with theme for entertaining for example comic or novel. The actual Boundaries in Marriage is kind of book which is giving the reader unforeseen experience.

Kevin Porter:

This Boundaries in Marriage usually are reliable for you who want to certainly be a successful person, why. The main reason of this Boundaries in Marriage can be one of several great books you must have will be giving you more than just simple studying food but feed an individual with information that possibly will shock your earlier knowledge. This book is actually handy, you can bring it all over the place and whenever your conditions in e-book and printed types. Beside that this Boundaries in Marriage forcing you to have an enormous of experience like rich vocabulary, giving you trial of critical thinking that we know it useful in your day activity. So , let's have it and enjoy reading.

Vivian Regan:

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