



The Mark of Shame: Stigma of Mental Illness and an Agenda for Change

By Stephen P. Hinshaw

[Download now](#)

[Read Online](#) 

The Mark of Shame: Stigma of Mental Illness and an Agenda for Change By Stephen P. Hinshaw

Millions of people and their families are affected by mental illness; it causes untold pain and severely impairs their ability to function in the world. In recent years, we have begun to understand and develop a range of effective treatments for mental illness. Even with this shift from moralistic views to those emphasizing the biological and genetic origins of mental illness, punitive treatment and outright rejection remain strong. Public attitudes toward mental illness are still more negative than they were half a century ago, and the majority of those afflicted either do not receive or cannot afford adequate care. As a result of all of these troubling facts, applying the term "stigma" to mental illness is particularly appropriate because stigma conveys the mark of shame borne by those in any highly devalued group.

Mental illness tops the list of stigmatized conditions in current society, generating the kinds of stereotypes, fear, and rejection that are reminiscent of longstanding attitudes toward leprosy. Mental disorders threaten stability and order, and media coverage exacerbates this situation by equating mental illness with violence. As a result, stigma is rampant, spurring family silence, discriminatory laws, and social isolation. The pain of mental illness is searing enough, but adding the layer of stigma affects personal well being, economic productivity, and public health, fueling a vicious cycle of lowered expectations, deep shame, and hopelessness.

In this groundbreaking book, Stephen Hinshaw examines the longstanding tendency to stigmatize those with mental illness. He also provides practical strategies for overcoming this serious problem, including enlightened social policies that encourage, rather than discourage, contact with those afflicted, media coverage emphasizing their underlying humanity, family education, and responsive treatment.

The Mark of Shame is a deeply inspiring and passionate work that is realistic and filled with hope. It combines personal accounts with information from social and evolutionary psychology, sociology, and public policy to provide messages that are essential for anyone afflicted or familiar with mental illness.

 [Download The Mark of Shame: Stigma of Mental Illness and an ...pdf](#)

 [Read Online The Mark of Shame: Stigma of Mental Illness and ...pdf](#)

The Mark of Shame: Stigma of Mental Illness and an Agenda for Change

By Stephen P. Hinshaw

The Mark of Shame: Stigma of Mental Illness and an Agenda for Change By Stephen P. Hinshaw

Millions of people and their families are affected by mental illness; it causes untold pain and severely impairs their ability to function in the world. In recent years, we have begun to understand and develop a range of effective treatments for mental illness. Even with this shift from moralistic views to those emphasizing the biological and genetic origins of mental illness, punitive treatment and outright rejection remain strong. Public attitudes toward mental illness are still more negative than they were half a century ago, and the majority of those afflicted either do not receive or cannot afford adequate care. As a result of all of these troubling facts, applying the term "stigma" to mental illness is particularly appropriate because stigma conveys the mark of shame borne by those in any highly devalued group.

Mental illness tops the list of stigmatized conditions in current society, generating the kinds of stereotypes, fear, and rejection that are reminiscent of longstanding attitudes toward leprosy. Mental disorders threaten stability and order, and media coverage exacerbates this situation by equating mental illness with violence. As a result, stigma is rampant, spurring family silence, discriminatory laws, and social isolation. The pain of mental illness is searing enough, but adding the layer of stigma affects personal well being, economic productivity, and public health, fueling a vicious cycle of lowered expectations, deep shame, and hopelessness.

In this groundbreaking book, Stephen Hinshaw examines the longstanding tendency to stigmatize those with mental illness. He also provides practical strategies for overcoming this serious problem, including enlightened social policies that encourage, rather than discourage, contact with those afflicted, media coverage emphasizing their underlying humanity, family education, and responsive treatment.

The Mark of Shame is a deeply inspiring and passionate work that is realistic and filled with hope. It combines personal accounts with information from social and evolutionary psychology, sociology, and public policy to provide messages that are essential for anyone afflicted or familiar with mental illness.

The Mark of Shame: Stigma of Mental Illness and an Agenda for Change By Stephen P. Hinshaw

Bibliography

- Rank: #159387 in Books
- Brand: Stephen P Hinshaw
- Published on: 2009-08-27
- Original language: English
- Number of items: 1
- Dimensions: 6.10" h x .90" w x 9.10" l, 1.10 pounds
- Binding: Paperback
- 344 pages

 [**Download** The Mark of Shame: Stigma of Mental Illness and an ...pdf](#)

 [**Read Online** The Mark of Shame: Stigma of Mental Illness and ...pdf](#)

Download and Read Free Online The Mark of Shame: Stigma of Mental Illness and an Agenda for Change By Stephen P. Hinshaw

Editorial Review

Review

"Everyone needs to understand the pervasiveness of stigma, its effects and how it may be countered. This splendid book provides much the best discussion of the issues--being empirically solid but also personally compassionate, as well as realistic in its expectations. It is also a very good read."

--Professor Sir Michael Rutter, Social, Genetic and Developmental Psychiatry Centre, Institute of Psychiatry
"Particularly thought-provoking is the chapter related to media portrayals of individuals with psychiatric disorders, including examples of powerful interventions by groups attempting to illustrate the prejudice many hold against the mentally ill, as well as suggestions for marketing strategies to eliminate the bias against the population. The book further illustrates the sad and troubling fact that those with mental illness remain second-class citizens despite their ever-growing numbers in the general population."--Doody's

"Everyone needs to understand the pervasiveness of stigma, its effects and how it may be countered. This splendid book provides much the best discussion of the issues--being empirically solid but also personally compassionate, as well as realistic in its expectations. It is also a very good read."

--Professor Sir Michael Rutter, Social, Genetic and Developmental Psychiatry Centre, Institute of Psychiatry
"Particularly thought-provoking is the chapter related to media portrayals of individuals with psychiatric disorders, including examples of powerful interventions by groups attempting to illustrate the prejudice many hold against the mentally ill, as well as suggestions for marketing strategies to eliminate the bias against the population. The book further illustrates the sad and troubling fact that those with mental illness remain second-class citizens despite their ever-growing numbers in the general population."--Doody's

"The content of this book is broad, deep, and fascinating...Hinshaw's skills as a writer cannot be overstated. He uses a mixture of technical and lay language to paint a picture of stigma across the ages that is thoroughly enjoyable to read despite its often distressing content. In addition to being a professor of psychology, Hinshaw comes across as a passionate historian and humanitarian."--Claire M. Kelly, Ph.D., in *New England Journal of Medicine*

"Everyone needs to understand the pervasiveness of stigma, its effects and how it may be countered. This splendid book provides much the best discussion of the issues--being empirically solid but also personally compassionate, as well as realistic in its expectations. It is also a very good read." --Professor Sir Michael Rutter, Social, Genetic and Developmental Psychiatry Centre, Institute of Psychiatry

"Particularly thought-provoking is the chapter related to media portrayals of individuals with psychiatric disorders, including examples of powerful interventions by groups attempting to illustrate the prejudice many hold against the mentally ill, as well as suggestions for marketing strategies to eliminate the bias against the population. The book further illustrates the sad and troubling fact that those with mental illness remain second-class citizens despite their ever-growing numbers in the general population."--Doody's

"The content of this book is broad, deep, and fascinating...Hinshaw's skills as a writer cannot be overstated. He uses a mixture of technical and lay language to paint a picture of stigma across the ages that is thoroughly enjoyable to read despite its often distressing content. In addition to being a professor of psychology, Hinshaw comes across as a passionate historian and humanitarian."--Claire M. Kelly, Ph.D., in *New England*

"Everyone needs to understand the pervasiveness of stigma, its effects and how it may be countered. This splendid book provides much the best discussion of the issues--being empirically solid but also personally compassionate, as well as realistic in its expectations. It is also a very good read." --Professor Sir Michael Rutter, Social, Genetic and Developmental Psychiatry Centre, Institute of Psychiatry

"Particularly thought-provoking is the chapter related to media portrayals of individuals with psychiatric disorders, including examples of powerful interventions by groups attempting to illustrate the prejudice many hold against the mentally ill, as well as suggestions for marketing strategies to eliminate the bias against the population. The book further illustrates the sad and troubling fact that those with mental illness remain second-class citizens despite their ever-growing numbers in the general population."--Doody's

"The content of this book is broad, deep, and fascinating...Hinshaw's skills as a writer cannot be overstated. He uses a mixture of technical and lay language to paint a picture of stigma across the ages that is thoroughly enjoyable to read despite its often distressing content. In addition to being a professor of psychology, Hinshaw comes across as a passionate historian and humanitarian."--Claire M. Kelly, Ph.D., in New England Journal of Medicine

About the Author

Stephen P. Hinshaw is Professor and Chair, Department of Psychology, University of California-Berkeley.

Users Review

From reader reviews:

Rose Knowlton:

Book is definitely written, printed, or outlined for everything. You can learn everything you want by a reserve. Book has a different type. To be sure that book is important issue to bring us around the world. Alongside that you can your reading ability was fluently. A reserve The Mark of Shame: Stigma of Mental Illness and an Agenda for Change will make you to possibly be smarter. You can feel much more confidence if you can know about every little thing. But some of you think in which open or reading some sort of book make you bored. It is not necessarily make you fun. Why they may be thought like that? Have you in search of best book or suitable book with you?

Sarah Creamer:

Nowadays reading books become more and more than want or need but also be a life style. This reading addiction give you lot of advantages. The benefits you got of course the knowledge even the information inside the book in which improve your knowledge and information. The information you get based on what kind of reserve you read, if you want drive more knowledge just go with schooling books but if you want

experience happy read one along with theme for entertaining for example comic or novel. The The Mark of Shame: Stigma of Mental Illness and an Agenda for Change is kind of guide which is giving the reader unforeseen experience.

Melanie Young:

The guide untitled The Mark of Shame: Stigma of Mental Illness and an Agenda for Change is the publication that recommended to you to study. You can see the quality of the e-book content that will be shown to you actually. The language that article author use to explained their way of doing something is easily to understand. The writer was did a lot of study when write the book, hence the information that they share to you is absolutely accurate. You also could possibly get the e-book of The Mark of Shame: Stigma of Mental Illness and an Agenda for Change from the publisher to make you far more enjoy free time.

Lowell Bohler:

E-book is one of source of knowledge. We can add our know-how from it. Not only for students but in addition native or citizen have to have book to know the revise information of year to help year. As we know those textbooks have many advantages. Beside many of us add our knowledge, could also bring us to around the world. With the book The Mark of Shame: Stigma of Mental Illness and an Agenda for Change we can acquire more advantage. Don't you to be creative people? For being creative person must love to read a book. Just choose the best book that suitable with your aim. Don't possibly be doubt to change your life at this time book The Mark of Shame: Stigma of Mental Illness and an Agenda for Change. You can more appealing than now.

**Download and Read Online The Mark of Shame: Stigma of Mental Illness and an Agenda for Change By Stephen P. Hinshaw
#8YUNLORD5CQ**

Read The Mark of Shame: Stigma of Mental Illness and an Agenda for Change By Stephen P. Hinshaw for online ebook

The Mark of Shame: Stigma of Mental Illness and an Agenda for Change By Stephen P. Hinshaw Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read The Mark of Shame: Stigma of Mental Illness and an Agenda for Change By Stephen P. Hinshaw books to read online.

Online The Mark of Shame: Stigma of Mental Illness and an Agenda for Change By Stephen P. Hinshaw ebook PDF download

The Mark of Shame: Stigma of Mental Illness and an Agenda for Change By Stephen P. Hinshaw Doc

The Mark of Shame: Stigma of Mental Illness and an Agenda for Change By Stephen P. Hinshaw MobiPocket

The Mark of Shame: Stigma of Mental Illness and an Agenda for Change By Stephen P. Hinshaw EPub

8YUNLORD5CQ: The Mark of Shame: Stigma of Mental Illness and an Agenda for Change By Stephen P. Hinshaw