



## Sunshine in the Midst of the Storm: 7 Keys to Being Happy when Times are Tough

*By Oluwatosin Ayo-Ajayi*

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### **Editorial Review**

#### **About the Author**

Oluwatosin Ayo-Ajayi is a certified Life Coach with a passion for spreading happiness and motivating people to reach their maximum potentials in life. She had her first degree in Pharmacy and a Master of Public Health degree in Health Education. She had worked as a consultant to the World Health Organization where she participated in several national and international conferences, researches, and workshops. Presently, Oluwatosin is committed to teaching people the importance of being happy. She believes that to be successful in life, you need to be happy - at the moment. She has a personal mantra: "IN SPITE OF ALL - BE HAPPY."

### **Users Review**

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