



The Grief Club: The Secret to Getting Through All Kinds of Change

By Melody Beattie

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The Grief Club is Melody Beattie's profoundly personal, powerfully healing book to help readers through life's most difficult times.

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Editorial Review

About the Author

Melody Beattie is the author of numerous books about personal growth and relationships, drawing on the wisdom of Twelve Step healing, Christianity, and Eastern religions. With the publication of *Codependent No More* in 1986, Melody became a major voice in self-help literature and endeared herself to millions of readers striving for healthier relationships. She lives in Malibu, California.

Users Review

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