



Games People Play: The Basic Handbook of Transactional Analysis.

By Eric Berne

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Games People Play: The Basic Handbook of Transactional Analysis. By Eric Berne

We think we're relating to other people—but actually we're all playing games.

Forty years ago, *Games People Play* revolutionized our understanding of what *really* goes on during our most basic social interactions. More than five million copies later, Dr. Eric Berne's classic is as astonishing—and revealing—as it was on the day it was first published. This anniversary edition features a new introduction by Dr. James R. Allen, president of the International Transactional Analysis Association, and Kurt Vonnegut's brilliant *Life* magazine review from 1965.

We play games all the time—sexual games, marital games, power games with our bosses, and competitive games with our friends. Detailing status contests like “Martini” (I know a better way), to lethal couples combat like “If It Weren't For You” and “Uproar,” to flirtation favorites like “The Stocking Game” and “Let's You and Him Fight,” Dr. Berne exposes the secret ploys and unconscious maneuvers that rule our intimate lives.

Explosive when it first appeared, *Games People Play* is now widely recognized as the most original and influential popular psychology book of our time. It's as powerful and eye-opening as ever.

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Editorial Review

Review

“An important book . . . a brilliant, amusing, and clear catalogue of the psychological theatricals that human beings play over and over again.”

–KURT VONNEGUT, *Life* magazine

From the Inside Flap

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About the Author

Eric Berne was a prominent psychiatrist and bestselling author. After inventing his groundbreaking Transactional Analysis, he continued to develop and apply this new methodology leading him to publish Games People Play. This became a runaway success and Berne leaves a remarkable legacy of over 30 other books and articles, as well as the founding of the International Transactional Analysis Association. Dr Berne's other works include Principles of Group Treatment, A Layman's Guide to Psychiatry and Psychoanalysis', and What Do You Say After You Say Hello? He died in 1970.

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