



# Vedanta: A Simple Introduction

By Pravrajika Vrajaprana

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## Vedanta: A Simple Introduction By Pravrajika Vrajaprana

A concise, and delightful introduction to Vedanta, the philosophical backbone of Hinduism.

Written with verve and charm by a Western nun for a Western audience, this brief book gives a comprehensive overview of Vedanta philosophy while emphasizing its practical Western application.

### Table of Contents:

1. Vedanta: An Overview
2. Why Are We Unaware of our Divinity?
- The Concept of Maya
3. The Problem of Suffering:  
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5. Spiritual Basics: Ethical and Moral Virtues
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8. God in Human Form: The Avatar
9. Revitalization of an Ancient Philosophy:  
Ramakrishna, the Ramakrishna Order,  
and the Vedanta Societies
10. Suggestions for Further Reading



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## **Vedanta: A Simple Introduction By Pravrajika Vrajaprana Bibliography**

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## **Editorial Review**

### **Review**

Clear, easy to comprehend, and concise, this small book is packed full of pertinent information (on)the core issues of life. --Yoga International Magazine, 1999

As a scholar and practitioner of Vedanta, I can say with confidence that this is the best introductory text on Vedanta available in the English language. It manages to communicate this subtle and complex philosophy in terms that are clear and, as the title suggests, simple. But it does so without oversimplifying. I regularly assign this text to my students (college students taking introductory courses on Indic religions) and they have consistently praised it for the clear and engaging style in which it is written. One student reported to me that when she started reading it, she could not put it down until she had read it cover-to-cover. It really is that engaging. It is, of course, an introductory text. I recommend that readers interested in the various schools of Vedanta other than the modern Ramakrishna-Vivekananda-inspired interpretation of Advaita look to other works. But for novices, and especially for those interested in Vedanta as a spiritual practice rather than from a purely scholarly perspective, this book can't be beat. --Unsolicited comments from a professor

### **From the Inside Flap**

A refreshingly clear and engaging introduction to Vedanta. Highly recommended - Huston Smith, author of *World's Religions*

### **From the Back Cover**

Vedanta is a distillation of everything that is clearest, wisest and most compelling in the Hindu religious tradition.

And because one of Hinduism's core beliefs is in the validity of all paths to God, Vedanta itself holds up a kind of mirror to every other religion as well, allowing us to see what is clearest, wisest, and most compelling there, too.

I hope this succinct and immensely readable overview will find a wide, wide audience. - Carlo Lee Flinders, author of *At the Root of this Longing and Enduring Grace*

## **Users Review**

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#### **Victor Shepard:**

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**Sandra Leggett:**

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**Guadalupe Hauser:**

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