



Handbook of Nonprescription Drugs: An Interactive Approach to Self-Care

By Rosemary R. Berardi, Stefanie P. Ferreri, Anne L. Hume, Lisa A. Kroon, Gail D. Newton

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Thoroughly updated and revised, the *Handbook of Nonprescription Drugs: An Interactive Approach to Self-Care*, 16th edition, helps students and practitioners develop problem-solving skills needed to assess and triage a pharmacy patient's medical problems. It provides U.S. Food and Drug Administration-approved dosing information and evidence-based research on the efficacy and safety of over-the-counter and herbal medications.

Key Features:

Contributors include more than 70 academics and practitioners from multiple health care fields with expertise in non-prescription medications and devices and other self-care options.

Updated information and references and new, improved anatomical drawings are included.

An enhanced complementary and alternative medicine section provides readers with a broad overview of different healing practices that patients may be using. New information on emergency contraception is provided.

Disease-oriented chapters contain new and revised case studies, treatment algorithms, comparisons of self-treatments, patient education boxes, product selection guidelines, and tables that list interactions as well as dosage and administration guidelines.

The Key Points section at the end of the chapters highlights important concepts. Free eBook download with purchase of the textbook makes the entire content fully searchable on your computer. Available on Pharmacy Library.

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Editorial Review

Review

The book is a useful additional resource for those offering advice to patients on treating minor ailments, and the algorithms are particularly helpful. --Laurence A. Goldberg Independent pharmaceutical consultant, Lancashire, England *The Pharmaceutical Journal* Online March 2009

About the Author

Rosemary R. Berardi, PharmD

Editor in Chief

Professor of Pharmacy

Department of Clinical Sciences

College of Pharmacy

The University of Michigan

Ann Arbor, Michigan

Leslie A. Shimp, PharmD, MS

Professor of Pharmacy

Department of Clinical Sciences

College of Pharmacy

The University of Michigan

Ann Arbor, Michigan

Karen J. Tietze, PharmD

Professor of Clinical Pharmacy

Department of Pharmacy Practice

Philadelphia College of Pharmacy

University of the Sciences in Philadelphia

Philadelphia, Pennsylvania

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