

# Counseling and Psychotherapy Theories in Context and Practice Study Guide

By John Sommers-Flanagan, Rita Sommers-Flanagan

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### Expand and reinforce your understanding of counseling and psychotherapy theories

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This *Study Guide* offers:

- A pre-test and post-test in each chapter that will orient you to key theoretical principles and evaluate how well those principles fit with your values and beliefs
- An opening and closing professional development essay written by a student, practitioner, or faculty member who is active within the counseling or psychology professions
- Multiple-choice practice tests for each chapter to reinforce important theories and concepts
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- Practice activities designed to help students experience and practice implementation of each theory
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- Crossword puzzles to keep learning fun
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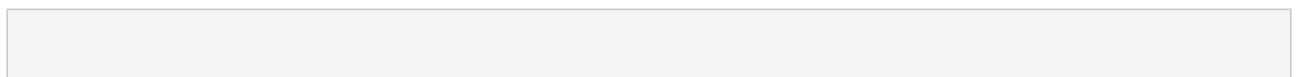
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### Editorial Review

#### About the Author

**John Sommers-Flanagan** has a PhD in psychology and is Professor of Counselor Education at the University of Montana. He serves as a mental health consultant for Trapper Creek Job Corps. His research interests include clinical interviewing, parent consultations, and adolescent psychotherapy.

**Rita Sommers-Flanagan** is Professor of Counselor Education at the University of Montana. She provides mental health consultation at the Missoula Veterans Center and Trapper Creek Job Corps. She has taught and written in the area of applied, practical ethics for the past fifteen years.

John and Rita have coauthored seven books, including *Clinical Interviewing, Fourth Edition*; *Becoming an Ethical Helping Professional: Cultural and Philosophical Foundations*; and *How to Listen so Parents Will Talk and Talk so Parents Will Listen* (all published by Wiley).

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