



Person to Person: Positive Relationships Don't Just Happen (5th Edition)

By Sharon L. Hanna, Rose Suggett, Doug Radtke

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Highly practical and easy-to-read--yet thoroughly grounded in recent psychological and sociological research, this book provides a complete tutorial on the personal and interpersonal skills that underlie the process of building developing healthy, fulfilling professional and personal relationships. It guides readers in taking responsibility for themselves, making wiser choices, improving their relationships, appreciating all kinds of diversity, and living happy, fulfilling, and productive lives. "Reflections and Applications" sections provide easily accessible, hands-on, user-friendly assignments and activities. Knowing and Valuing Yourself. Understanding Yourself Throughout the Life Span. Exploring Values and Making Wise Choices. Achieving Happiness and Satisfaction. Experiencing and Expressing Emotion. Becoming a Positive Listener. Improving Communication: How to Send Messages. Improving Communication: What to Say. Building Positive Relationships. Succeeding in Your Career. Developing and Enriching Intimate Relationships. Strengthening Family Relationships. For those interested in improving their interpersonal communication skills, both professional and personal.

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- Sales Rank: #740854 in Books
- Published on: 2007-02-23
- Ingredients: Example Ingredients
- Original language: English
- Number of items: 1
- Dimensions: 9.20" h x 1.00" w x 7.00" l, 1.59 pounds
- Binding: Paperback
- 464 pages

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Editorial Review

From the Publisher

Hanna guides students through this in-depth, positive approach to developing healthy interactions and relationships in all aspects of life. Coverage includes personal understanding and self-enhancement, improving interpersonal communication skills, and developing and enriching different types of relationships. The Second Edition represents a major revision that updates and includes the most recent, relevant material and enhances the qualities that made the First Edition so successful.

From the Back Cover

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About the Author

Sharon L. Hanna was a life long educator having taught in Nebraska, New Jersey, and Illinois over a period of several years, she received both faculty achievement and outstanding teacher awards during her career. Her research on the strengths of stepfamilies was published in academic journals, and she served as national president of the Stepfamily Association of America. She authored *Career by Design* 1st and 2nd edition published by Prentice Hall.

Dr. Doug Radtke has been an educator for the past 37 years. Currently he is a high school administrator. He has taught secondary students, undergraduate students, and graduate level students. He has published several articles in professional journals over a variety of topics and has been a speaker at several regional and national conventions. He is co-author of *Career by Design*, 3rd edition.

Dr. Rose Suggett is chair of Social Sciences, Academic Education, at Southeast Community College. She has received awards for teaching and research. Her research on the impact of divorce in children has been presented nationally and internationally. She is co-author of *Career by Design*, 3rd edition.

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