



The Shrink and the Sage: A Guide to Living

By Julian Baggini

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Based on their Financial Times Weekend column, philosopher Julian Baggini and his psychotherapist partner Antonia Macaro offer intriguing answers to life's questions.

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Review

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About the Author

Julian Baggini is one the UK's best-known philosophers. Previous books include *The Pig That Wants to Be Eaten* and *The Ego Trick*. Antonia Macaro, his partner, has over twenty years' experience as an existential psychotherapist and is the author of *Reason, Virtue and Psychotherapy*.

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