



# The Shrink and the Sage: A Guide to Living

*By Julian Baggini*

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Based on their Financial Times Weekend column, philosopher Julian Baggini and his psychotherapist partner Antonia Macaro offer intriguing answers to life's questions.

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## **The Shrink and the Sage: A Guide to Living By Julian Baggini Bibliography**

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## **Editorial Review**

### **Review**

'[A] very elegant, high-class self-help book' -- Steven Poole, Guardian It gave me some serious food for thought' -- Bookbag

### **About the Author**

Julian Baggini is one the UK's best-known philosophers. Previous books include *The Pig That Wants to Be Eaten* and *The Ego Trick*. Antonia Macaro, his partner, has over twenty years' experience as an existential psychotherapist and is the author of *Reason, Virtue and Psychotherapy*.

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