



# Smart Discipline: Fast, Lasting Solutions for Your Peace of Mind and Your Child's Self-Esteem

By Larry Koenig

[Download now](#)

[Read Online](#) 

## Smart Discipline: Fast, Lasting Solutions for Your Peace of Mind and Your Child's Self-Esteem By Larry Koenig

Would you like your kids to follow the rules the first time you ask, without backtalk, bickering, or screaming matches? Now, the creator of the most popular parenting seminar in the United States explains his amazingly simple, stunningly effective system of discipline that enables parents to help children ages 3 to 16 become self-motivated to follow the rules at home and at school.

Parents can set up the five-step Smart Discipline system within an hour or two. It can be used by any caregiver and is easily tailored to differences in age, temperament, and the needs of children with ADD/ADHD.

The book shows parents how to use this system to quickly solve common problems such as: messy rooms, disrespectful language, chores, fighting and bickering, lying, whining, and homework problems. It also empowers parents to get their children self-motivated to behave properly at school. Most parents will see results within several days of starting the system and they can continue to use it effectively for years to come.

Once *Smart Discipline* is part of the home, parents can stop the nagging and criticism that destroy children's desire to achieve. Dr. Larry J. offers powerful self-esteem builders for children, including showing parents how to identify children's unique talents, encourage them to develop their abilities, and celebrate their successes.

With this book in hand, you can implement the system that more than a hundred trained mental health professionals teach in more than three thousand schools, churches, hospitals, and civic organizations nationwide. Practical, straightforward, and effective, *Smart Discipline* is the wise choice for all parents who want a family life that sets the stage for their children's success.

 [Download Smart Discipline: Fast, Lasting Solutions for Your ...pdf](#)

 [Read Online Smart Discipline: Fast, Lasting Solutions for Yo ...pdf](#)

# **Smart Discipline: Fast, Lasting Solutions for Your Peace of Mind and Your Child's Self-Esteem**

*By Larry Koenig*

## **Smart Discipline: Fast, Lasting Solutions for Your Peace of Mind and Your Child's Self-Esteem** By Larry Koenig

Would you like your kids to follow the rules the first time you ask, without backtalk, bickering, or screaming matches? Now, the creator of the most popular parenting seminar in the United States explains his amazingly simple, stunningly effective system of discipline that enables parents to help children ages 3 to 16 become self-motivated to follow the rules at home and at school.

Parents can set up the five-step Smart Discipline system within an hour or two. It can be used by any caregiver and is easily tailored to differences in age, temperament, and the needs of children with ADD/ADHD.

The book shows parents how to use this system to quickly solve common problems such as: messy rooms, disrespectful language, chores, fighting and bickering, lying, whining, and homework problems. It also empowers parents to get their children self-motivated to behave properly at school. Most parents will see results within several days of starting the system and they can continue to use it effectively for years to come.

Once *Smart Discipline* is part of the home, parents can stop the nagging and criticism that destroy children's desire to achieve. Dr. Larry J. offers powerful self-esteem builders for children, including showing parents how to identify children's unique talents, encourage them to develop their abilities, and celebrate their successes.

With this book in hand, you can implement the system that more than a hundred trained mental health professionals teach in more than three thousand schools, churches, hospitals, and civic organizations nationwide. Practical, straightforward, and effective, *Smart Discipline* is the wise choice for all parents who want a family life that sets the stage for their children's success.

## **Smart Discipline: Fast, Lasting Solutions for Your Peace of Mind and Your Child's Self-Esteem** By Larry Koenig **Bibliography**

- Rank: #603812 in Books
- Published on: 2002-04
- Released on: 2002-04-02
- Original language: English
- Number of items: 1
- Dimensions: 9.00" h x .89" w x 6.00" l,
- Binding: Hardcover
- 256 pages

 [\*\*Download\*\* Smart Discipline: Fast, Lasting Solutions for Your ...pdf](#)

 [\*\*Read Online\*\* Smart Discipline: Fast, Lasting Solutions for Yo ...pdf](#)

## **Download and Read Free Online Smart Discipline: Fast, Lasting Solutions for Your Peace of Mind and Your Child's Self-Esteem By Larry Koenig**

---

### **Editorial Review**

From Publishers Weekly

Parents of children ages four to 16 are sure to devour this book, if not from cover to cover, at least through the first section where Koenig outlines the Smart Discipline method. Koenig, father of five, founder of the national adolescent self-esteem program Up With Youth, and a family therapist, offers parents a simple approach to getting their children to act right. Koenig directs readers to link their children's most irritating behaviors to their favorite activities, so that being able to do the latter depends on improving the former. This relationship should be illustrated in a prominently posted daily or weekly chart that tracks the child's behavior. There's nothing new about this general approach it's the rigidly systematized charts themselves, which should be used consistently and automatically, that will, according to the author, eliminate the need for nagging, threats and lecturing. Once parents have dealt with behavior problems, they can nurture constructive relationships that boost self-esteem. In the remainder of the book, Koenig urges parents to find their child's "center of brilliance" and identify his or her strengths. Koenig gives Smart Discipline seminars regularly, an experience that seems to have influenced his writing style, which has a kind of chirpiness that is sometimes off-putting in print. Even with this shortcoming, the book has much to offer exasperated parents.

### **About the Author**

Larry J. Koenig, Ph.D., trained as a family therapist, is the founder of Up with Youth, the nation's leading self-esteem program for adolescents, which has benefited thousands of teens nationwide. He is also president of the North American Society for Parent Training and Development and creator of Up with Parents, a dynamic program that helps parents effectively gain control of their children's behaviors and attitudes. At his parenting seminars, he is well known for his delightful ability to pinpoint exactly what is going on in people's homes and for giving meaningful and practical advice. The parents of five grown children, Dr. Koenig and his wife Nydia live in Baton Rouge, Louisiana.

### **Users Review**

#### **From reader reviews:**

##### **Terry Holmes:**

Book is to be different for every single grade. Book for children until eventually adult are different content. To be sure that book is very important for people. The book Smart Discipline: Fast, Lasting Solutions for Your Peace of Mind and Your Child's Self-Esteem was making you to know about other understanding and of course you can take more information. It is extremely advantages for you. The book Smart Discipline: Fast, Lasting Solutions for Your Peace of Mind and Your Child's Self-Esteem is not only giving you considerably more new information but also being your friend when you experience bored. You can spend your spend time to read your reserve. Try to make relationship with all the book Smart Discipline: Fast, Lasting Solutions for Your Peace of Mind and Your Child's Self-Esteem. You never experience lose out for everything when you read some books.

**Jason Carr:**

The guide with title Smart Discipline: Fast, Lasting Solutions for Your Peace of Mind and Your Child's Self-Esteem has a lot of information that you can understand it. You can get a lot of benefit after read this book. This book exist new know-how the information that exist in this book represented the condition of the world currently. That is important to you to be aware of how the improvement of the world. This specific book will bring you with new era of the internationalization. You can read the e-book on your own smart phone, so you can read the idea anywhere you want.

**Coralee Lowe:**

Don't be worry when you are afraid that this book will filled the space in your house, you can have it in e-book approach, more simple and reachable. This specific Smart Discipline: Fast, Lasting Solutions for Your Peace of Mind and Your Child's Self-Esteem can give you a lot of friends because by you investigating this one book you have thing that they don't and make anyone more like an interesting person. This specific book can be one of a step for you to get success. This book offer you information that possibly your friend doesn't understand, by knowing more than additional make you to be great folks. So , why hesitate? We need to have Smart Discipline: Fast, Lasting Solutions for Your Peace of Mind and Your Child's Self-Esteem.

**James Ensor:**

Reserve is one of source of understanding. We can add our expertise from it. Not only for students but in addition native or citizen require book to know the upgrade information of year for you to year. As we know those guides have many advantages. Beside we add our knowledge, may also bring us to around the world. Through the book Smart Discipline: Fast, Lasting Solutions for Your Peace of Mind and Your Child's Self-Esteem we can acquire more advantage. Don't you to definitely be creative people? Being creative person must want to read a book. Just choose the best book that suited with your aim. Don't be doubt to change your life with this book Smart Discipline: Fast, Lasting Solutions for Your Peace of Mind and Your Child's Self-Esteem. You can more pleasing than now.

**Download and Read Online Smart Discipline: Fast, Lasting Solutions for Your Peace of Mind and Your Child's Self-Esteem By Larry Koenig #WSJ27VQLKGY**

# **Read Smart Discipline: Fast, Lasting Solutions for Your Peace of Mind and Your Child's Self-Esteem By Larry Koenig for online ebook**

Smart Discipline: Fast, Lasting Solutions for Your Peace of Mind and Your Child's Self-Esteem By Larry Koenig Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Smart Discipline: Fast, Lasting Solutions for Your Peace of Mind and Your Child's Self-Esteem By Larry Koenig books to read online.

## **Online Smart Discipline: Fast, Lasting Solutions for Your Peace of Mind and Your Child's Self-Esteem By Larry Koenig ebook PDF download**

### **Smart Discipline: Fast, Lasting Solutions for Your Peace of Mind and Your Child's Self-Esteem By Larry Koenig Doc**

**Smart Discipline: Fast, Lasting Solutions for Your Peace of Mind and Your Child's Self-Esteem By Larry Koenig MobiPocket**

**Smart Discipline: Fast, Lasting Solutions for Your Peace of Mind and Your Child's Self-Esteem By Larry Koenig EPub**

**WSJ27VQLKGY: Smart Discipline: Fast, Lasting Solutions for Your Peace of Mind and Your Child's Self-Esteem By Larry Koenig**