



Inca Trail, Cusco & Machu Picchu: Includes Santa Teresa Trek, Choquequirao Trek, Vilcabamba Trail, Vilcabamba To Choquequirao, Choquequirao To Machu ... Inca Trail, Cusco & Machu Picchu)

By Alexander Der Stewart

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Lost to the jungle for centuries, Machu Picchu was rediscovered by Hiram Bingham 100 years ago. It is now probably the most famous sight in South America and justifiably so. Perched high above the river on a knife-edge ridge, the ruins are truly spectacular. The best way to reach them is on foot, following parts of the original road.

Now in its fifth edition, this best-selling book is an all-in-one guide for a hiking holiday in the Inca region of Peru. Includes how to book from North America, planning and preparation, getting to Peru, detailed Lima and Cusco city guides (where to stay, where to eat, what to see and how to get around); a history of the Incas by explorer and historian Hugh Thomson; health, safety and responsible tourism; comprehensive hiking information for a full range of routes with 40 highly detailed trekking maps in the classic Trailblazer style showing walking times, gradients and points of interest. There are guides to 15 Inca ruins including Machu Picchu itself.

Includes 70 maps 15 town plans, 15 maps of Inca ruins, 40 hiking maps.

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By Alexander Der Stewart Bibliography

- Rank: #128967 in Books
- Brand: Trailblazer Publications
- Published on: 2013-10-15
- Original language: English
- Number of items: 1
- Dimensions: 7.11" h x .82" w x 4.85" l, .84 pounds
- Binding: Paperback
- 320 pages

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Editorial Review

Review

Definitely the best guide to the Inca Trail and Machu Picchu...Highly recommended .

So well written it is difficult to put this book down...If you are spending only one day in Cusco and one day in Machu Picchu the book s details will enrich your experience. If you are hiking the Inca Trail ...this book is essential. --**International Travel News (USA)**

The most picturesque long trek in the World. --Gilberto d'Urso

From the Back Cover

Lost to the jungle for centuries, Machu Picchu was rediscovered by Hiram Bingham 100 years ago. It's now probably the most famous sight in South America – and justifiably so. Perched high above the river on a knife-edge ridge, the ruins are truly spectacular. The best way to reach them is on foot, following parts of the original paved Inca Trail over passes of 4200m (13,500ft).

Fully revised new edition

This re-walked and revised 5th edition includes hiking options from two days to three weeks with 40 detailed hiking maps showing walking times, camping places and all points of interest:

- The Classic Inca Trail and shorter trails
- Salkantay Trek
- Santa Teresa Trek
- Choquequirao Trek
- Vilcabamba Trail
- Plus – two challenging treks linking the Vilcabamba and Choquequirao routes to the Santa Teresa Trek

About the Author

An veteran traveler, Alexander Stewart has walked, trekked and tramped in more than 30 countries around the world. In the course of these trips he has researched and written guidebooks for several publishers, including for Trailblazer: *New Zealand The Great Walks*, *The Walker s Haute Route* and *Peddars Way and Norfolk Coast Path*. As a freelance travel writer and photographer he has also contributed articles and photographs to various newspapers and magazines.

When he is not escaping the city, he lives in London where he works for WEXAS, the World Expeditionary Association, wondering where to go next.

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