



Executive Function in the Classroom: Practical Strategies for Improving Performance and Enhancing Skills for All Students

By Christopher Kaufman Ph.D.

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Executive Function in the Classroom: Practical Strategies for Improving Performance and Enhancing Skills for All Students By Christopher Kaufman Ph.D.

Students with strong executive function skills hold the keys to school and social success—from attention and impulse control to time management and organization. Now K–12 teachers have a practical, highly readable guide to enhancing these critical skills for all students, with and without learning disabilities.

Through the author's memorable metaphors, classroom examples, and crystal-clear explanations of brain functioning, teachers will immediately grasp what executive function is and how it affects their students' learning and behavior. Then they'll get the explicit, research-based guidance they need to

- improve executive function skills in **specific academic subjects**: reading, math, and writing
- choose **effective assessment methods** to pinpoint the strengths and weaknesses in students' executive function
- **adapt their instruction and classroom structure** to enhance students' executive skills and improve "trouble spots"
- implement an **executive function coaching** process that helps students plan, organize, and complete their assignments
- **develop individual behavior support plans** that address underlying executive function challenges

An unparalleled practical resource on one of today's most critical education topics, this sourcebook equips teachers with everything they need to detect and solve their students' executive function challenges. They'll get a wide range of ready-to-use strategies based on best practices, visual aids that make new concepts instantly understandable, and photocopiable forms to help students

improve in specific executive function areas.

A perfect resource for effective, affordable professional development, this teacher-friendly guide lays a clear and simple path to stronger executive skills for all students-and lasting academic and social success.

Help students improve in key executive function areas:

- organization
- homework completion
- time management
- note-taking
- study skills
- impulse control
- working memory
- planning skills
- self-regulation
- adaptability
- and more!

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Editorial Review

Review

"Kaufman demonstrates elegantly how the applications of [executive function] research can improve the educational well-being of children who are having difficulty in educational settings. Takes the sometimes vague and abstract concept of EF and provides practical strategies and solutions."

About the Author

Christopher Kaufman Ph.D.

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