



Secrets of the Pulse: The Ancient Art of Ayurvedic Pulse Diagnosis

By Vasant D. Lad M.A.Sc.

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Review

This book describes an assessment method that enhances a practitioner's awareness to perceive fundamental issues affecting the body. -- *B. Cook, Instructor, Wellpark College of Natural Therapies*

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About the Author

Dr. Vasant Lad, BAMS, MASc, brings a wealth of classroom and practical experience to the United States. He received the degree of Bachelor of Ayurvedic Medicine and Surgery from the University of Pune, in Pune, India in 1968 and a master of Ayurvedic science from Tilak Ayurved Mahavidyalaya in Pune, India in 1980. He served for three years as medical director of the Ayurveda Hospital in Pune, India. He also held the position of professor of clinical medicine for seven years at the Pune University College of Ayurvedic Medicine, where he was an instructor for many years. Dr. Lad's academic and practical training includes the study of allopathic medicine (Western medicine) and surgery as well as traditional Ayurveda. In 1979, he began traveling throughout the United States sharing his knowledge of Ayurveda, and in 1981, he returned to New Mexico to teach Ayurveda. In 1984, he founded and began his position as principal instructor and director of The Ayurvedic Institute.

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