



## Diabetes in Clinical Practice: Questions and Answers from Case Studies (Practical Diabetes)

By Nicholas Katsilambros, Evanthia Diakoumopoulou, Ionnis Ioannidis, Stavros Liatis, Nikolaos Tentolouris, Panagiotis Tsapogas

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Dealing with all the aspects of diabetes in clinical practice, this book offers a comprehensive, easy-to-use guide to help healthcare professionals achieve their target of optimal management and treatment of their patients. *Diabetes in Clinical Practice: Questions and Answers from Case Studies* is presented in the form of questions concerning diabetes diagnosis, management and therapy based on real-life case studies. Each question is answered in a clear, easy to follow style.

The authors begin with general questions regarding diabetes, its pathophysiology and diagnostic tests. They then cover all the major complications that can arise in a patient with poorly controlled diabetes. The authors also discuss special groups, such as adolescents and the elderly. The book features useful information for patients and their healthcare professionals on daily activities such as exercise, nutrition, driving, travelling and sick day rules.

*Diabetes in Clinical Practice: Questions and Answers from Case Studies* is an indispensable resource for all members of the diabetes team, in primary and secondary care: physicians, diabetes specialist nurses, diabetes educators, dieticians, podiatrists, endocrinologists and postgraduate medical students.

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## **Editorial Review**

From the Back Cover

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New innovations in both diagnostic and therapeutic approaches continue to be developed, posing a constant challenge to healthcare professionals to stay abreast of new advances and in particular to know how to apply this knowledge in their every-day practice. This book offers a comprehensive, easy-to-use guide to help healthcare professionals achieve their target of optimal management and treatment of their patients. It will be relevant to all members of the diabetes team, in primary and secondary care: physicians, diabetes specialist nurses, diabetes educators, dietitians, podiatrists; endocrinologists and postgraduate medical students.

About the Author

**Nicholas Katsilambros, Evanthia Diakoumopoulou, Stavros Liatis, Konstantinos Makrilakis, Nicholas Tentolouris, Panagiotis Tsapogas**, all at the Department of Propaedeutic Medicine of the Athens University, Medical School, The Diabetes Center, 'Laiko' General Hospital, Athens, Greece, and Ionnis Ioannidis, 2nd Department of Internal Medicine, Diabetes Clinic, Agia Olga General Hospital, Athens, Greece.

Translated by **Konstantinos Makrilakis**, MD, MPH, PhD, Lecturer in Internal Medicine, University of Athens Medical School

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