



Diabetes in Clinical Practice: Questions and Answers from Case Studies (Practical Diabetes)

By Nicholas Katsilambros, Evangelia Diakoumopoulou, Iannis Ioannidis, Stavros Liatis, Nikolaos Tentolouris, Panagiotis Tsapogas

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Dealing with all the aspects of diabetes in clinical practice, this book offers a comprehensive, easy-to-use guide to help healthcare professionals achieve their target of optimal management and treatment of their patients. *Diabetes in Clinical Practice: Questions and Answers from Case Studies* is presented in the form of questions concerning diabetes diagnosis, management and therapy based on real-life case studies. Each question is answered in a clear, easy to follow style.

The authors begin with general questions regarding diabetes, its pathophysiology and diagnostic tests. They then cover all the major complications that can arise in a patient with poorly controlled diabetes. The authors also discuss special groups, such as adolescents and the elderly. The book features useful information for patients and their healthcare professionals on daily activities such as exercise, nutrition, driving, travelling and sick day rules.

Diabetes in Clinical Practice: Questions and Answers from Case Studies is an indispensable resource for all members of the diabetes team, in primary and secondary care: physicians, diabetes specialist nurses, diabetes educators, dieticians, podiatrists, endocrinologists and postgraduate medical students.

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- Rank: #9130200 in Books
- Brand: Brand: Wiley
- Published on: 2007-01-05
- Original language: English
- Number of items: 1
- Dimensions: 9.90" h x 1.35" w x 6.90" l, 2.36 pounds
- Binding: Hardcover
- 482 pages



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Editorial Review

From the Back Cover

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New innovations in both diagnostic and therapeutic approaches continue to be developed, posing a constant challenge to healthcare professionals to stay abreast of new advances and in particular to know how to apply this knowledge in their every-day practice. This book offers a comprehensive, easy-to-use guide to help healthcare professionals achieve their target of optimal management and treatment of their patients. It will be relevant to all members of the diabetes team, in primary and secondary care: physicians, diabetes specialist nurses, diabetes educators, dieticians, podiatrists; endocrinologists and postgraduate medical students.

About the Author

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Translated by **Konstantinos Makrيلakis**, MD, MPH, PhD, Lecturer in Internal Medicine, University of Athens Medical School

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