



Baby Bliss: Your One-Stop Guide for the First Three Months and Beyond

By Harvey Karp

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Dr Karp's ability to trigger a baby's calming reflex is astonishing. His five-point instruction, in the 5 stages, will help all parents help their fussy and even colicky newborn babies immediately to stop crying, relax and achieve serenity.

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Baby Bliss: Your One-Stop Guide for the First Three Months and Beyond By Harvey Karp Bibliography

- Sales Rank: #925327 in Books
- Brand: Penguin Books
- Published on: 2004-06-24
- Ingredients: Example Ingredients
- Original language: English
- Number of items: 1
- Dimensions: 8.50" h x .87" w x 5.31" l,
- Binding: Paperback
- 288 pages

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Editorial Review

About the Author

Dr. Karp is an assistant professor of paediatrics at the UCLA School of Medicine, with a private practice in Santa Monica. He is also a nationally renowned expert on children's health and the environment and an authority on breastfeeding. He lives with his wife and daughter in California.

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