



## Baby Bliss: Your One-Stop Guide for the First Three Months and Beyond

By Harvey Karp

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Dr Karp's ability to trigger a baby's calming reflex is astonishing. His five-point instruction, in the 5 stages, will help all parents help their fussy and even colicky newborn babies immediately to stop crying, relax and achieve serenity.

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### **Editorial Review**

#### **About the Author**

Dr. Karp is an assistant professor of paediatrics at the UCLA School of Medicine, with a private practice in Santa Monica. He is also a nationally renowned expert on children's health and the environment and an authority on breastfeeding. He lives with his wife and daughter in California.

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