



Travels with Epicurus: A Journey to a Greek Island in Search of a Fulfilled Life

By Daniel Klein

Download now

Read Online 

Travels with Epicurus: A Journey to a Greek Island in Search of a Fulfilled Life By Daniel Klein

Advice on achieving a fulfilling old age from one of the bestselling authors of *Plato and a Platypus Walk into a Bar . . .*

After being advised by his dentist to get tooth implants, Daniel Klein decides to stick with his dentures and instead use the money to make a trip to the Greek island Hydra and discover the secrets of aging happily. Drawing on the inspiring lives of his Greek friends and philosophers ranging from Epicurus to Sartre, Klein uncovers the simple pleasures that are available late in life, as well as the refined pleasures that only a mature mind can fully appreciate.

A travel book, a witty and accessible meditation, and an optimistic guide to living well, *Travels with Epicurus* is a delightful jaunt to the Aegean and through the terrain of old age that only a free spirit like Klein could lead.

 [Download Travels with Epicurus: A Journey to a Greek Island ...pdf](#)

 [Read Online Travels with Epicurus: A Journey to a Greek Isla ...pdf](#)

Travels with Epicurus: A Journey to a Greek Island in Search of a Fulfilled Life

By Daniel Klein

Travels with Epicurus: A Journey to a Greek Island in Search of a Fulfilled Life By Daniel Klein

Advice on achieving a fulfilling old age from one of the bestselling authors of *Plato and a Platypus Walk into a Bar* . . .

After being advised by his dentist to get tooth implants, Daniel Klein decides to stick with his dentures and instead use the money to make a trip to the Greek island Hydra and discover the secrets of aging happily. Drawing on the inspiring lives of his Greek friends and philosophers ranging from Epicurus to Sartre, Klein uncovers the simple pleasures that are available late in life, as well as the refined pleasures that only a mature mind can fully appreciate.

A travel book, a witty and accessible meditation, and an optimistic guide to living well, *Travels with Epicurus* is a delightful jaunt to the Aegean and through the terrain of old age that only a free spirit like Klein could lead.

Travels with Epicurus: A Journey to a Greek Island in Search of a Fulfilled Life By Daniel Klein
Bibliography

- Sales Rank: #71821 in Books
- Published on: 2014-10-28
- Released on: 2014-10-28
- Original language: English
- Number of items: 1
- Dimensions: 7.00" h x .50" w x 5.00" l, 1.00 pounds
- Binding: Paperback
- 176 pages



[Download Travels with Epicurus: A Journey to a Greek Island ...pdf](#)



[Read Online Travels with Epicurus: A Journey to a Greek Isla ...pdf](#)

Download and Read Free Online Travels with Epicurus: A Journey to a Greek Island in Search of a Fulfilled Life By Daniel Klein

Editorial Review

From Publishers Weekly

Following a trip to his dentist, 73-year-old Klein considers his options after being advised that he needs tooth implants or a denture. Klein (*Plato and a Platypus Walk into a Bar*) opts for a sojourn to the Greek island of Hydra. Accompanied by a suitcase crammed with philosophy books, Klein contemplates the Greek philosopher Epicurus' pivotal question. He fundamentally wanted to know how to make the most of his one life, writes Klein. Eschewing the forever young treadmill many Americans embrace, Klein explores a different path, examining the relaxed Greek lifestyle surrounding him. He laments what's lost in the frantic rush to stay youthful: And we have no time left for a calm and reflective appreciation of our twilight years, no deliciously long afternoons sitting with friends or listening to music or musing about the story of our lives. The author ruminates on the benefits of freeing ourselves from the prison of everyday affairs; the pleasures of companionship in old age; battling boredom; the difference between sexual urges and sexual nostalgia; and the value of facing death blissfully. Along the way, Klein touches on the ideas of Bertrand Russell, Erik Erikson, Aristotle, and William James. Klein's narrative is a delightful and spirited conversation, offering up the ingredients inherent to the art of living well in old age. Agent: Julia Lord. (Nov.)

From Booklist

Klein (*Plato and a Platypus Walk into a Bar*, 2008, among others) returned to the Greek island of Hydra at age 73. His return had a new and specific purpose: "I want to figure out the most satisfying way to live this stage of my life." Prior experience with the island led to conclude that the "old folks of Hydra have always struck me as uncommonly content with their stage in life." But just observing and absorbing what the people had to show and tell him didn't seem like quite enough. To augment his on-site learning, he took with him a stack of philosophy books by ancient Greeks as well as some modern writers. It's an interesting formula, resulting in a lovely little book with both heart and punch, an argument against the "forever young" syndrome so prevalent in contemporary American society. His contemplative time spent observing the old men of Hydra while reading his small library of the great thinkers led him to an "evolving philosophy of a good and authentic old age." --Brad Hooper

Review

"An insightful meditation." - ***The New York Times Book Review***

"Along the way, Klein touches on the ideas of Bertrand Russell, Erik Erikson, Aristotle, and William James. Klein's narrative is a delightful and spirited conversation, offering up the ingredients inherent to the art of living well in old age." – ***Publisher's Weekly***

"Charming and accessible, this philosophical survey simply and accessibly makes academic philosophy relevant to ordinary human emotion." – ***Kirkus Review***

"Witty and wry" – ***Huffington Post***

"A lovely little book with both heart and punch." – ***Booklist***

"A charming meditation on aging. Daniel Klein takes us on a thought-provoking journey." – ***The Weekly Standard Book Review***

“Reading this book after a period of overwork and high stress, I was bowled over by its easy charm and hard-won wisdom. I shall be buying it in bulk as presents for my equally overburdened peers, and I suspect a few older people will enjoy it, too.” – **Markus Berkmann, *The Daily Mail***

“If you think philosophy is hard stuff that makes your head spin and possibly hurt, Klein is the perfect guide to deep thinking. Being fully aware and wondering how best to spend our time are useful practices at any age, and this warm, thought-provoking book is a terrific introduction to thinking about life philosophically.” – **Concord Monitor — Multiple**

Users Review

From reader reviews:

Valerie Israel:

Why don't make it to become your habit? Right now, try to ready your time to do the important behave, like looking for your favorite reserve and reading a guide. Beside you can solve your long lasting problem; you can add your knowledge by the guide entitled *Travels with Epicurus: A Journey to a Greek Island in Search of a Fulfilled Life*. Try to the actual book *Travels with Epicurus: A Journey to a Greek Island in Search of a Fulfilled Life* as your friend. It means that it can to become your friend when you really feel alone and beside that course make you smarter than ever. Yeah, it is very fortuned for you. The book makes you more confidence because you can know every thing by the book. So , we should make new experience in addition to knowledge with this book.

Melvin Wilhelm:

Precisely why? Because this *Travels with Epicurus: A Journey to a Greek Island in Search of a Fulfilled Life* is an unordinary book that the inside of the e-book waiting for you to snap this but latter it will zap you with the secret that inside. Reading this book next to it was fantastic author who have write the book in such wonderful way makes the content on the inside easier to understand, entertaining method but still convey the meaning thoroughly. So , it is good for you because of not hesitating having this anymore or you going to regret it. This book will give you a lot of benefits than the other book have such as help improving your ability and your critical thinking method. So , still want to hold off having that book? If I have been you I will go to the book store hurriedly.

Dan Fry:

Your reading sixth sense will not betray you actually, why because this *Travels with Epicurus: A Journey to a Greek Island in Search of a Fulfilled Life* e-book written by well-known writer we are excited for well how to make book that may be understand by anyone who also read the book. Written in good manner for you, leaking every ideas and writing skill only for eliminate your own hunger then you still uncertainty *Travels with Epicurus: A Journey to a Greek Island in Search of a Fulfilled Life* as good book but not only by the cover but also with the content. This is one book that can break don't evaluate book by its protect, so do you still needing yet another sixth sense to pick this specific!? Oh come on your looking at sixth sense already said so why you have to listening to one more sixth sense.

Nancy Page:

Many people said that they feel weary when they reading a reserve. They are directly felt the idea when they get a half elements of the book. You can choose the book Travels with Epicurus: A Journey to a Greek Island in Search of a Fulfilled Life to make your own reading is interesting. Your personal skill of reading proficiency is developing when you like reading. Try to choose easy book to make you enjoy you just read it and mingle the feeling about book and looking at especially. It is to be 1st opinion for you to like to available a book and go through it. Beside that the publication Travels with Epicurus: A Journey to a Greek Island in Search of a Fulfilled Life can to be your new friend when you're truly feel alone and confuse using what must you're doing of this time.

**Download and Read Online Travels with Epicurus: A Journey to a Greek Island in Search of a Fulfilled Life By Daniel Klein
#NXOYJ9WFTBE**

Read Travels with Epicurus: A Journey to a Greek Island in Search of a Fulfilled Life By Daniel Klein for online ebook

Travels with Epicurus: A Journey to a Greek Island in Search of a Fulfilled Life By Daniel Klein Free PDF d0wnl0ad, audio books, books to read, good books to read, cheap books, good books, online books, books online, book reviews epub, read books online, books to read online, online library, greatbooks to read, PDF best books to read, top books to read Travels with Epicurus: A Journey to a Greek Island in Search of a Fulfilled Life By Daniel Klein books to read online.

Online Travels with Epicurus: A Journey to a Greek Island in Search of a Fulfilled Life By Daniel Klein ebook PDF download

Travels with Epicurus: A Journey to a Greek Island in Search of a Fulfilled Life By Daniel Klein Doc

Travels with Epicurus: A Journey to a Greek Island in Search of a Fulfilled Life By Daniel Klein Mobipocket

Travels with Epicurus: A Journey to a Greek Island in Search of a Fulfilled Life By Daniel Klein EPub

NXOYJ9WFTBE: Travels with Epicurus: A Journey to a Greek Island in Search of a Fulfilled Life By Daniel Klein