



The Ego and the Mechanisms of Defense

By Anna Freud

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The Ego and the Mechanisms of Defense By Anna Freud

When *The Ego and the Mechanisms of Defense* was first published in German in 1936 it was at once recognized as a major contribution to psychoanalytic psychology, and its translation into English quickly followed. More than half a century later it enjoys the status of a classic and a founding text in ego psychology. Anna Freud's arguments have a clarity and cogency reminiscent of her father's and the work is remarkable undated.

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