



# Impulse Control Disorders

By Elias Aboujaoude MD, Lorrin M. Koran MD

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**Impulse Control Disorders** By Elias Aboujaoude MD, Lorrin M. Koran MD

In the last decade, much needed attention and research has been focused on the group of psychiatric conditions termed ,Äòimpulse control disorders,Äô or ICDs. Pathological gambling, compulsive shopping, kleptomania, hypersexuality, Internet ,Äòaddiction,Äô, among other disorders, are characterized by a recurrent urge to perform a repetitive behavior that is gratifying in the moment but causes significant long-term distress and disability. Despite the high rate of co-morbidity with obsessive compulsive disorder, ICDs are now clearly distinguished from these disorders with a unique clinical approach for diagnosis and treatment. A wide array of psychopharmacologic and psychotherapeutic options is now available for treating these disorders. Drs Elias Aboujaoude and Lorrin M. Koran have collated the world,Äôs foremost experts in ICD research and treatment to create a comprehensive book on the frequency, evolution, treatment, and related public policy, public health, forensic, and medical issues of these disorders. This is the first book to bring together medical and social knowledge bases related to impulse control disorders.

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## **Impulse Control Disorders By Elias Aboujaoude MD, Lorrin M. Koran MD Bibliography**

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### **Editorial Review**

#### **Review**

'... a valuable guide to the DSM-IV category of impulse-control disorders not elsewhere classified. ... What makes this volume so interesting is the attention placed not just on the disorders themselves, but also on the social, cultural, and legal ramifications specific to each ... coherent and thorough ... This book deserves a place on the bookshelves of psychiatric educators and clinicians working with individuals who have impulse-control disorders.' *Journal of Clinical Psychiatry*

'... an important contribution to the clinician's library. It is interesting and well researched ... This work will be of interest to lay people and sociologists as well as clinicians.' *James Allen Wilcox, Annals of Clinical Psychiatry*

'Impulse Control Disorders is not only a valuable source of information but also a well-written, interesting guide for researchers, clinicians or anyone who is interested in the personal and societal impact of these disorders beyond the mere symptoms.' *Journal of Behavioral Addictions*

#### **About the Author**

Elias Aboujaoude, MD, is Director of the Impulse Disorders Clinic at the Stanford University School of Medicine, Stanford, California.

Lorrin M. Koran, MD, is Professor Emeritus in Psychiatry and Director of the Obsessive Compulsive Clinic at Stanford University School of Medicine, Stanford, California.

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