



# Essential Psychic Healing: A Complete Guide to Healing Yourself, Healing Others, and Healing the Earth

*By Diane Stein*

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## Essential Psychic Healing: A Complete Guide to Healing Yourself, Healing Others, and Healing the Earth By Diane Stein

Author and healer Diane Stein brings to the layperson psychic healing techniques once assumed to be too esoteric to use without highly specialized knowledge, years of training, and a paranormal gift. ESSENTIAL PSYCHIC HEALING helps us tap into the potent healing power of our own psychic energies. For the beginner, Diane offers theory and instruction in basic meditation, visualization, kundalini energy, chakras, and auras. Those at the intermediate level will learn to utilize spirit guides and angels, and how to use healing crystals, hands-on healing methods, emotional release work, and remote healing. An advanced program discusses healing karma and past lives, soul retrieval, releasing entities, spirit attachments, and understanding and aiding the death process. Whether you are new to or well acquainted with these principles, ESSENTIAL PSYCHIC HEALING is an indispensable primer.

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### **Editorial Review**

From the Publisher

Diane Stein, author of the best-selling classic ESSENTIAL REIKI, instructs the reader in psychic energy principles from many healing traditions and offers detailed guidelines for the utilization and practice of each technique.

For those in the alternative healing professions, and for individuals who wish to heal themselves.

About the Author

DIANE STEIN is a popular and acclaimed healer and the best-selling author of Essential Reiki and 25 other books in the fields of metaphysical healing, women's spirituality, and alternative health. She lives and teaches in Florida.

### **THE AUTHOR SCOOP**

Read any good books lately?

My favorite reading is science fiction, there are new good books coming out every day. Look at Sharon Shinn, Tamora Pierce, Ann Bishop, and so many more talented women fiction writers.

If you had to boil your book's message down to one sentence, what would it be?

Serve the Light, trust the Light, make a difference in the world with who you are and what you do.

What are you working on now?

I prefer to keep future books a secret until they are finished. No one will know until the manuscript is mailed in.

Do you eat your vegetables?

I have been a vegetarian since 1983. I do eat my vegetables.

If you had a superpower, what would it be?

Wonder Woman, of course.

How long did it take you to write this book?

I have been working with herbs for over 35 years, so you could say it took that long to write it.

### **Users Review**

**From reader reviews:**

**Fernando Levering:**

The event that you get from Essential Psychic Healing: A Complete Guide to Healing Yourself, Healing Others, and Healing the Earth will be the more deep you looking the information that hide inside words the more you get interested in reading it. It does not mean that this book is hard to understand but Essential Psychic Healing: A Complete Guide to Healing Yourself, Healing Others, and Healing the Earth giving you

joy feeling of reading. The copy writer conveys their point in specific way that can be understood by means of anyone who read the item because the author of this book is well-known enough. This specific book also makes your current vocabulary increase well. Therefore it is easy to understand then can go along with you, both in printed or e-book style are available. We highly recommend you for having this Essential Psychic Healing: A Complete Guide to Healing Yourself, Healing Others, and Healing the Earth instantly.

#### **Bobby McCabe:**

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#### **Charlie Hartman:**

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#### **Rose Davies:**

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